

# FIRST Swim Meeting: Session: 2: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 13:00 untill 14:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vekeman Christophe

Coaches: Januarius Bart

Coaches: Mens Jennifer

Coaches: Chrispeels Sarah

Coaches: Leemans Mats

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

| Event number: 8: 200M FREESTYLE MEN 11+                                          |           |           |           |           | Heat:1, starttime: 14:21 |
|----------------------------------------------------------------------------------|-----------|-----------|-----------|-----------|--------------------------|
| Heat: 1/28 Lane : 3 Athlete: THIÉBAUT NOAH                                       |           |           |           |           | Q-time: 99:99:99         |
| PB (50m pool): 02:05.52 Antwerpen 16/04/2023 PB (25m pool): 01:58.34 SB: no time |           |           |           |           |                          |
|                                                                                  | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M   |                          |
| PB                                                                               | no time   | no time   | no time   | 02:05.52  |                          |
|                                                                                  | no time   |           |           |           |                          |
|                                                                                  | . . . . . | . . . . . | . . . . . | . . . . . |                          |

Coach feedback:

| Event number: 8: 200M FREESTYLE MEN 11+                    |           |           |           |           | Heat:3, starttime: 14:30 |
|------------------------------------------------------------|-----------|-----------|-----------|-----------|--------------------------|
| Heat: 3/28 Lane : 2 Athlete: HAAN ALEXANDER                |           |           |           |           | Q-time: 99:99:99         |
| PB (50m pool): no time PB (25m pool): 02:49.97 SB: no time |           |           |           |           |                          |
|                                                            | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M   |                          |
| PB                                                         | no time   | no time   | no time   | no time   |                          |
|                                                            | no time   |           |           |           |                          |
|                                                            | . . . . . | . . . . . | . . . . . | . . . . . |                          |

Coach feedback:

| Event number: 8: 200M FREESTYLE MEN 11+                                          |           |           |           |           | Heat:3, starttime: 14:30 |
|----------------------------------------------------------------------------------|-----------|-----------|-----------|-----------|--------------------------|
| Heat: 3/28 Lane : 4 Athlete: PEETERS KOBE                                        |           |           |           |           | Q-time: 99:99:99         |
| PB (50m pool): 02:42.65 Antwerpen 13/07/2025 PB (25m pool): 02:30.52 SB: no time |           |           |           |           |                          |
|                                                                                  | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M   |                          |
| PB                                                                               | 00:36.90  | 01:19.08  | 02:02.41  | 02:42.65  |                          |
|                                                                                  | 00:36.90  | 00:42.18  | 00:43.33  | 00:40.24  |                          |
|                                                                                  | . . . . . | . . . . . | . . . . . | . . . . . |                          |

Coach feedback:

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| Event number: 8: 200M FREESTYLE MEN 11+       |         |          |         |          | Heat:8, starttime: 14:50                                  |
|-----------------------------------------------|---------|----------|---------|----------|-----------------------------------------------------------|
| Heat: 8/28 Lane : 2 Athlete: DOBBELEIRE NIELS |         |          |         |          | Q-time: 02:48:68                                          |
| PB (50m pool): 02:48.68 Molenbeek 01/02/2026  |         |          |         |          | PB (25m pool): 02:53.16 SB: 02:48.68 Molenbeek 01/02/2026 |
|                                               | 5 0 M   | 1 0 0 M  | 1 5 0 M | 2 0 0 M  |                                                           |
| PB                                            | no time | 01:20.39 | no time | 02:48.68 |                                                           |
|                                               | no time |          |         |          |                                                           |
|                                               | .....   | .....    | .....   | .....    |                                                           |

Coach feedback:

| Event number: 8: 200M FREESTYLE MEN 11+      |          |          |          |          | Heat:9, starttime: 14:53                                  |
|----------------------------------------------|----------|----------|----------|----------|-----------------------------------------------------------|
| Heat: 9/28 Lane : 7 Athlete: SAADEH NAYIM    |          |          |          |          | Q-time: 02:42:45                                          |
| PB (50m pool): 02:33.28 Antwerpen 19/04/2026 |          |          |          |          | PB (25m pool): 02:33.99 SB: 02:33.28 Antwerpen 19/04/2026 |
|                                              | 5 0 M    | 1 0 0 M  | 1 5 0 M  | 2 0 0 M  |                                                           |
| PB                                           | 00:34.37 | 01:13.75 | 01:53.89 | 02:33.28 |                                                           |
|                                              | 00:34.37 | 00:39.38 | 00:40.14 | 00:39.39 |                                                           |
|                                              | .....    | .....    | .....    | .....    |                                                           |

Coach feedback:

| Event number: 8: 200M FREESTYLE MEN 11+      |          |          |          |          | Heat:11, starttime: 14:59                            |
|----------------------------------------------|----------|----------|----------|----------|------------------------------------------------------|
| Heat: 11/28 Lane : 3 Athlete: WIELEMAN ROBBE |          |          |          |          | Q-time: 02:32:76                                     |
| PB (50m pool): 02:32.76 Gent 08/02/2026      |          |          |          |          | PB (25m pool): 02:30.44 SB: 02:32.76 Gent 08/02/2026 |
|                                              | 5 0 M    | 1 0 0 M  | 1 5 0 M  | 2 0 0 M  |                                                      |
| PB                                           | 00:34.27 | 01:13.43 | 01:53.77 | 02:32.76 |                                                      |
|                                              | 00:34.27 | 00:39.16 | 00:40.34 | 00:38.99 |                                                      |
|                                              | .....    | .....    | .....    | .....    |                                                      |

Coach feedback:

| Event number: 8: 200M FREESTYLE MEN 11+         |         |          |         |          | Heat:12, starttime: 15:02                                 |
|-------------------------------------------------|---------|----------|---------|----------|-----------------------------------------------------------|
| Heat: 12/28 Lane : 2 Athlete: VANDERGUCHT JONAS |         |          |         |          | Q-time: 02:31:11                                          |
| PB (50m pool): 02:31.11 Molenbeek 01/02/2026    |         |          |         |          | PB (25m pool): 02:24.32 SB: 02:31.11 Molenbeek 01/02/2026 |
|                                                 | 5 0 M   | 1 0 0 M  | 1 5 0 M | 2 0 0 M  |                                                           |
| PB                                              | no time | 01:12.28 | no time | 02:31.11 |                                                           |
|                                                 | no time |          |         |          |                                                           |
|                                                 | .....   | .....    | .....   | .....    |                                                           |

Coach feedback:

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| Event number: 8: 200M FREESTYLE MEN 11+                                                                |         |          |         |          | Heat:20, starttime: 15:25 |
|--------------------------------------------------------------------------------------------------------|---------|----------|---------|----------|---------------------------|
| Heat: 20/28 Lane : 2 Athlete: HALLET BRENT                                                             |         |          |         |          | Q-time: 02:14:56          |
| PB (50m pool): 02:14.56 Molenbeek 01/02/2026 PB (25m pool): 02:09.03 SB: 02:14.56 Molenbeek 01/02/2026 |         |          |         |          |                           |
|                                                                                                        | 5 0 M   | 1 0 0 M  | 1 5 0 M | 2 0 0 M  |                           |
| PB                                                                                                     | no time | 01:03.16 | no time | 02:14.56 |                           |
|                                                                                                        | no time |          |         |          |                           |
|                                                                                                        | .....   | .....    | .....   | .....    |                           |

Coach feedback:

| Event number: 8: 200M FREESTYLE MEN 11+                                                                            |         |         |         |          | Heat:21, starttime: 15:28 |
|--------------------------------------------------------------------------------------------------------------------|---------|---------|---------|----------|---------------------------|
| Heat: 21/28 Lane : 1 Athlete: VANHASSEL MATHIAS                                                                    |         |         |         |          | Q-time: 02:13:84          |
| PB (50m pool): 02:12.40 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:07.47 SB: 02:14.90 Molenbeek 01/02/2026 |         |         |         |          |                           |
|                                                                                                                    | 5 0 M   | 1 0 0 M | 1 5 0 M | 2 0 0 M  |                           |
| PB                                                                                                                 | no time | no time | no time | 02:12.40 |                           |
|                                                                                                                    | no time |         |         |          |                           |
|                                                                                                                    | .....   | .....   | .....   | .....    |                           |

Coach feedback:

| Event number: 8: 200M FREESTYLE MEN 11+                                                                |         |          |         |          | Heat:21, starttime: 15:28 |
|--------------------------------------------------------------------------------------------------------|---------|----------|---------|----------|---------------------------|
| Heat: 21/28 Lane : 5 Athlete: KENTIN SHANE                                                             |         |          |         |          | Q-time: 02:12:87          |
| PB (50m pool): 02:12.87 Molenbeek 01/02/2026 PB (25m pool): 02:05.13 SB: 02:12.87 Molenbeek 01/02/2026 |         |          |         |          |                           |
|                                                                                                        | 5 0 M   | 1 0 0 M  | 1 5 0 M | 2 0 0 M  |                           |
| PB                                                                                                     | no time | 01:02.05 | no time | 02:12.87 |                           |
|                                                                                                        | no time |          |         |          |                           |
|                                                                                                        | .....   | .....    | .....   | .....    |                           |

Coach feedback:

| Event number: 8: 200M FREESTYLE MEN 11+                                                      |          |          |          |          | Heat:24, starttime: 15:36 |
|----------------------------------------------------------------------------------------------|----------|----------|----------|----------|---------------------------|
| Heat: 24/28 Lane : 2 Athlete: MEERT VINCE                                                    |          |          |          |          | Q-time: 02:09:69          |
| PB (50m pool): 02:09.69 Gent 08/02/2026 PB (25m pool): 02:15.85 SB: 02:09.69 Gent 08/02/2026 |          |          |          |          |                           |
|                                                                                              | 5 0 M    | 1 0 0 M  | 1 5 0 M  | 2 0 0 M  |                           |
| PB                                                                                           | 00:28.55 | 01:00.86 | 01:35.00 | 02:09.69 |                           |
|                                                                                              | 00:28.55 | 00:32.31 | 00:34.14 | 00:34.69 |                           |
|                                                                                              | .....    | .....    | .....    | .....    |                           |

Coach feedback:

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| Event number: 8: 200M FREESTYLE MEN 11+                                                                            |          |          |          |          | Heat:26, starttime: 15:41 |
|--------------------------------------------------------------------------------------------------------------------|----------|----------|----------|----------|---------------------------|
| Heat: 26/28 Lane : 6 Athlete: CLEYMANS KARSTEN                                                                     |          |          |          |          | Q-time: 02:05:48          |
| PB (50m pool): 02:05.48 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:01.56 SB: 02:10.34 Antwerpen 19/04/2026 |          |          |          |          |                           |
|                                                                                                                    | 5 0 M    | 1 0 0 M  | 1 5 0 M  | 2 0 0 M  |                           |
| PB                                                                                                                 | 00:28.81 | 01:01.35 | 01:34.31 | 02:05.48 |                           |
|                                                                                                                    | 00:28.81 | 00:32.54 | 00:32.96 | 00:31.17 |                           |
|                                                                                                                    | .....    | .....    | .....    | .....    |                           |

Coach feedback:

| Event number: 8: 200M FREESTYLE MEN 11+                                                         |          |          |          |          | Heat:27, starttime: 15:43 |
|-------------------------------------------------------------------------------------------------|----------|----------|----------|----------|---------------------------|
| Heat: 27/28 Lane : 8 Athlete: CLEYMANS TORBEN                                                   |          |          |          |          | Q-time: 02:04:70          |
| PB (50m pool): 02:04.70 Antwerp 09/02/2025 PB (25m pool): 01:58.37 SB: 02:28.44 Gent 08/02/2026 |          |          |          |          |                           |
|                                                                                                 | 5 0 M    | 1 0 0 M  | 1 5 0 M  | 2 0 0 M  |                           |
| PB                                                                                              | 00:28.06 | 00:59.83 | 01:32.99 | 02:04.70 |                           |
|                                                                                                 | 00:28.06 | 00:31.77 | 00:33.16 | 00:31.71 |                           |
|                                                                                                 | .....    | .....    | .....    | .....    |                           |

Coach feedback:

| Event number: 10: 200M BREASTSTROKE WOMEN 11+                                                |          |          |          |          | Heat:11, starttime: 16:41 |
|----------------------------------------------------------------------------------------------|----------|----------|----------|----------|---------------------------|
| Heat: 11/18 Lane : 5 Athlete: GHISLAIN JULIETTE                                              |          |          |          |          | Q-time: 03:27:70          |
| PB (50m pool): 03:27.70 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:25.85 SB: no time |          |          |          |          |                           |
|                                                                                              | 5 0 M    | 1 0 0 M  | 1 5 0 M  | 2 0 0 M  |                           |
| PB                                                                                           | 00:45.29 | 01:36.95 | 02:31.13 | 03:27.70 |                           |
|                                                                                              | 00:45.29 | 00:51.66 | 00:54.18 | 00:56.57 |                           |
|                                                                                              | .....    | .....    | .....    | .....    |                           |

Coach feedback:

| Event number: 10: 200M BREASTSTROKE WOMEN 11+                                                |          |          |          |          | Heat:15, starttime: 16:56 |
|----------------------------------------------------------------------------------------------|----------|----------|----------|----------|---------------------------|
| Heat: 15/18 Lane : 8 Athlete: AELEN BENTE                                                    |          |          |          |          | Q-time: 03:10:66          |
| PB (50m pool): 03:10.66 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:06.66 SB: no time |          |          |          |          |                           |
|                                                                                              | 5 0 M    | 1 0 0 M  | 1 5 0 M  | 2 0 0 M  |                           |
| PB                                                                                           | 00:42.96 | 01:32.45 | 02:20.98 | 03:10.66 |                           |
|                                                                                              | 00:42.96 | 00:49.49 | 00:48.53 | 00:49.68 |                           |
|                                                                                              | .....    | .....    | .....    | .....    |                           |

Coach feedback:

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|                                                                                                       |           |           |           |                  |                           |
|-------------------------------------------------------------------------------------------------------|-----------|-----------|-----------|------------------|---------------------------|
| Event number: 10: 200M BREASTSTROKE WOMEN 11+                                                         |           |           |           |                  | Heat:17, starttime: 17:03 |
| Heat: 17/18 Lane : 8 Athlete: HENNEAU LOTTE                                                           |           |           |           | Q-time: 03:03:38 |                           |
| PB (50m pool): 03:03.38 Molenbeek 01/02/2026 PB (25m pool): 02:56.89SB: 03:03.38 Molenbeek 01/02/2026 |           |           |           |                  |                           |
|                                                                                                       | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M          |                           |
| PB                                                                                                    | no time   | 01:26.05  | no time   | 03:03.38         |                           |
|                                                                                                       | no time   |           |           |                  |                           |
|                                                                                                       | . . . . . | . . . . . | . . . . . | . . . . .        |                           |

Coach feedback: